

Appendix: JJIF – Disciplines, Divisions and Categories:

Age groups:

Seniors		21 years and older
Juniors	U21	18/19/20 years old
Aspirants	U18	15/16/17 years old
Cadets	U15	12/13/14 years old
Cadets	U12	10-11 years old
Cadets	U10	8-9 years old

Competitors will reach the age in the present year (from 1st January to 31st December)

The athlete can compete in one higher age category

- ✓ *Aspirant can compete with Juniors, Juniors can compete with Seniors*
- ✓ *The entire Junior category (of proper aged-athletes) can participate in the Senior category*
- ✓ *No athletes having the age of less than 18 years old will be allowed to participate in the seniors' World Championship of the JJIF. (By year of birth)*

Duo couples (Duo Show and Classics):

With respect to the ages of the athletes making up a Duo couple: the age difference between the partners is not important, provided that:

- ✓ the age is considered according to the year of birth, not the actual birth date of the competitor
- ✓ if the two couple members belong to different age categories, the couple will be registered for the highest age category
(example: one 15 years old athlete (Aspirant) + 18 years old athletes (Junior) will participate in Juniors)
- ✓ However, a team (duo) made up of one Aspirant and one Junior can only compete in Juniors, not also in Seniors (the Aspirant, although member of a Junior team, cannot jump over two age categories and compete with the Seniors)

Categories Duo System:

Duo (Classic):

1. **Men** (team of two men)
2. **Women** (team of two women)
3. **Mixed** (team of one woman and one man)

Duo Show system:

1. **Men** (team of two men)
2. **Women** (team of two women)
3. **Mixed** (team of one woman and one man)

Weight categories and fighting time:

Fighting-system:

MALE: Men / Boys

Senior 21+	Junior 18/19/20	Aspirant 15/16/17	Cadets 12/13/14	Cadets 10/11	Cadets 8/9
1 x 3 min	1 x 3 min	1 x 3 min	1 x 2 min	1 x 2 min	1 x 2 min
- 56kg	- 56kg	- 46kg	- 34kg	- 24kg	- 21kg
- 62kg	- 62kg	- 50kg	- 37kg	- 27kg	- 24kg
- 69kg	- 69kg	- 55kg	- 41kg	- 30kg	- 27kg
- 77kg	- 77kg	- 60kg	- 45kg	- 34kg	- 30kg
- 85kg	- 85kg	- 66kg	- 50kg	- 38kg	- 34kg
- 94kg	- 94kg	- 73kg	- 55kg	- 42kg	- 38kg
+ 94kg	+ 94kg	- 81kg	- 60kg	- 46kg	- 42kg
		+ 81kg	- 66kg	- 50kg	+ 42kg
			+ 66kg	+ 50kg	

FEMALE: Women/ girls

Senior 21+	Junior 18/19/20	Aspirant 15/16/17	Cadets 12/13/14	Cadets 10/11	Cadets 8/9
1 x 3 min	1 x 3 min	1 x 3 min	1 x 2 min	1 x 2 min	1 x 2 min
- 49kg	- 49kg	- 40kg	- 32kg	- 22kg	- 20kg
- 55kg	- 55kg	- 44kg	- 36kg	- 25kg	- 22kg
- 62kg	- 62kg	- 48kg	- 40kg	- 28kg	- 25kg
- 70kg	- 70kg	- 52kg	- 44kg	- 32kg	- 28kg
+ 70kg	+ 70kg	- 57kg	- 48kg	- 36kg	- 32kg
		- 63kg	- 52kg	- 40kg	- 36kg
		- 70kg	- 57kg	- 44kg	- 40kg
		+ 70kg	- 63kg	- 48kg	+ 40kg
			+ 63kg	+ 48kg	

Weight categories and fighting time:

Ne-Waza System:

MALE: Men / Boys

Senior 21+	Junior 18/19/20	Aspirant 15/16/17	Cadets 12/13/14	Cadets 10/11	Cadets 8/9
1 x 6 min	1 x 5 min	1 x 4 min	1 x 3 min	1 x 3 min	1 x 3 min
- 56kg	- 56kg	- 46kg	- 34kg	- 24kg	- 21kg
- 62kg	- 62kg	- 50kg	- 37kg	- 27kg	- 24kg
- 69kg	- 69kg	- 55kg	- 41kg	- 30kg	- 27kg
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